

O Clement, O loving, O sweet Virgin Mary, *Pray for us O Holy Mother of God,*
That we may be made worthy of the promises of Christ.

Let us pray:

O God, whose only begotten Son, by His life, death and resurrection,
has purchased for us the rewards of eternal life;
Grant, we beseech you, that meditating on these mysteries of the most holy
Rosary of the Blessed Virgin Mary, we may both imitate what they contain and
obtain what they promise, through the same Christ our Lord, Amen.

May the divine assistance remain always with us. Amen.

And may the souls of the faithful departed,
through the mercy of God, rest in peace. Amen.

THE MEMORARE: Remember, O most gracious Virgin Mary, that never was it
known, that anyone who fled to thy protection, implored thy help or sought thy
intercession, was left unaided. Inspired by this confidence, I fly unto thee, O
Virgin of virgins, my Mother. To thee I come, before thee I stand, sinful and
sorrowful. O Mother of the Word Incarnate, despise not my petition, but in thy
mercy hear and answer me. Amen.

PRAYER TO ST MICHAEL: Holy Michael, Archangel, defend us in the day of
battle; be our safeguard against the wickedness and snares of the devil. May God
rebuke him we humbly pray; and do thou Prince of the Heavenly Hosts, by the
power of God, thrust down to hell Satan and all other evil spirits who wander
through the world for the ruin of souls. *Amen.*

MAGNIFICAT:

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour,
for he has looked with favour on his lowly servant.
From this day all generations will call me blessed:
The almighty has done great things for me, and Holy is his name.
He has mercy on those who fear him in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones, and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has come to the help of his servant Israel,
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever. Amen.

OFFERINGS, AND REQUESTS:

For the 3 Hail Marys: Faith, Hope and Charity.

For the 5 decades: *(suggestions, but do what is needed.)*

1. We pray for Conversion of sinners, and ask for faith, wisdom and truth to prevail in all people.
2. We pray for Souls in purgatory, and ask for goodness and purity in mind and body to prevail in all people.
3. We pray for all people suffering, struggling, especially those in war, and ask for love, charity and joy to prevail in all people.
4. We pray for everyone in our parish, esp. those working in it, and ask for grace, humility, self-control to prevail in all people.
5. We pray for the sick, their helpers, carers and the NHS, and ask for patience, gentleness and kindness to prevail in all people.



Christ's
Resurrection

MYSTERIES OF THE ROSARY (key events in Christ's life)

JOYFUL

1. Annunciation: the angel tells Mary she will have a son, Jesus, the son of God.
2. Visitation: Mary visits Elizabeth, who was expecting her son, John the Baptist.
3. Christ's Birth: Jesus, our Saviour, son of God, is born in a stable in Bethlehem.
4. Presentation: Mary and Joseph present Jesus to God, in a temple in Jerusalem.
5. Finding of Jesus in the temple after 3 days. He was teaching, learning, listening.

OF LIGHT

1. Christ's baptism in the Jordan, the Holy Spirit descending on him like a dove.
2. Wedding at Cana: Jesus changed the water into wine, his first miracle.
3. Proclaiming the Kingdom of God. We must repent, believe, love, pray, forgive.
4. Christ's Transfiguration into brightness; God says "This is my Son, listen to him."
5. Institution of Eucharist "This is my body, given for you, do this in memory of me."

SORROWFUL

1. Agony in the Garden: Jesus prays "Father, not my will, but yours, be done."
2. Scourging at the pillar: Pilate has Jesus scourged by soldiers, unjustly, cruelly.
3. Crown of thorns is forced on Jesus's head; he is mocked, struck, humiliated.
4. Christ carries the Cross to Calvary, encouraging us to repent and not sin again.
5. Crucifixion: Christ dies on the cross, in total surrender, sacrifice for our salvation.

GLORIOUS

1. Resurrection: on the 3rd day Jesus rose from the dead, and preached for 40 days.
2. Ascension: at Mt Olivet, having fortified peoples' faith, Jesus rose to heaven.
3. Descent of the Holy Spirit on Mary and disciples: Pentecost, birth of the church.
4. Assumption: Mary rose to heaven, having helped to nourish the faith and church.
5. Coronation: Mary is crowned queen of heaven and earth. She is our Mother.

CLOSING PRAYER: Lord God, we trust you. Have mercy on us and on the whole world. Give to your people the joy of continual health in mind and body. With the prayers of the Virgin Mary to help us, guide us through the sorrows of this life to eternal happiness in the life to come. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

WHEN SAYING THE ROSARY: say the prayers slowly, devotedly, with reverence, humility, confidence, perseverance, and faith.
It takes about 30 min, if done slowly, devoutly.
If possible, kneel, join both hands, and hold the rosary.
It is important to meditate on the key events of Christ's life, ie the 20 mysteries of the Rosary, each day either the Joyful or Light or Sorrowful or Glorious mysteries.
At the start of each decade we meditate on a mystery and make an offering and request.
It is important to pray the Rosary at least once a week, but preferably every day..... to fully immerse ourselves in living our life for Christ, daily with him strongly in our minds and hearts.

MARY: Mary is God's helper, having an important role in Christ's life and in our salvation. God himself chose her as a channel, to come to us through her, and then for her to help draw us to Him in virtue and grace. Jesus Christ is the supreme, whom we are always directed to. In the Hail Mary we acknowledge Mary as holy, and ask her to pray for us, as her prayers are very powerful.

LIVING A FULL LIFE IN CHRIST:

The answer to world peace lies deep within each one of us.
By being willing and effortful in allowing God to work through us, miracles can happen, and wars can end.
The Rosary started in 1214. Mary had given it to St Dominic, as a powerful weapon against evil and to help conversion of people, then also for graces, virtues, healing and protection. (There are many historical accounts of these.)
Through concentrated prayer, especially the Rosary, we immerse ourselves in these wonders and mercies and become united with Christ.
If we carry the Rosary in our hearts and minds every day, we will see how tremendously powerful this prayer is against all wrong and evil.
We find that we pattern our lives and actions on Jesus's virtues, we do good works, and we wear the armour of God as protection.
Prayers, with Mary, strongly focussed on the life of Christ, and on God's plan for our salvation, can change lives in a big way.

PRAYERS OF THE ROSARY

THE SIGN OF THE CROSS: In the name of the Father, and of the Son, and of the Holy Spirit, Amen.



Christ's Birth

OPENING PRAYER: Lord God, may your Holy Spirit be a spring of living water in our hearts and minds, now and always.
We give ourselves to you and are truly sorry for all our sins.

APOSTLES CREED: I believe in God the Father Almighty, Creator of heaven and earth; I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and was born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

(meditate on mystery; make offering and request)

OUR FATHER: Our Father, who art in heaven, hallowed be Thy Name, Thy kingdom come; Thy will be done on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

HAIL MARY: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

GLORY BE: Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now and ever shall be, world without end. Amen.

FATIMA PRAYER: O my Jesus, forgive us our sins; save us from the fires of hell, and lead all souls to heaven, especially those who have most need of thy mercy. *Amen.*

HAIL HOLY QUEEN: Hail Holy Queen, Mother of mercy, Hail our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, O most gracious Advocate, thine eyes of mercy towards us and after this our exile, show unto us the blessed fruit of thy womb, Jesus.